

# How to Present Your Case?

## Mental Status Exam

1. Alert and Oriented
  2. Appearance
  3. Relatedness (engages or guarded)
  4. Eye Contact
  5. Speech
  6. Mood
  7. Affect
  8. Thought process, Thought content
  9. Perception \_\_\_\_\_
  10. Cognition
    - a. Concentration
    - b. Calculation
    - c. Intellect
    - d. Judgment
    - e. Memory (Recent and Remote)
  11. Insight
  12. Judgment
8. Diagnosis
  9. Current problems
  10. Current Treatment (include medications, dosage, counseling, and occupational therapy)

\*\*\* Have some extra seconds????

## 15 Second Presentation

1. Age, Gender
2. Marital Status
3. Living Arrangements
4. Housing (include how long patient has been living there)
5. Occupation or School Grade
6. Chief Complaint
7. Past Medical History (Most important is allergies)

## 1 Minute Presentation

1. Identifying Data
2. Chief Complaint
3. History of Present Illness (include diagnosis & how long, treatment)
  - a. If seeing a minor, ask parent/s if any problems present
    - i. 1 parent – 5 problems
    - ii. 2 parents – 2 problems each
4. Other Factors – Suicide, Homicide, Drugs, Alcohol, Depression, Mania, Anxiety, Psychosis
5. Past Psychiatric History
  - a. Past diagnoses
  - b. Psychiatric hospitalization and reason
  - c. Past treatments that have worked and not worked
6. Past Medical History
  - a. Allergies
  - b. Primary care Doctor
  - c. Last physical exam (should be within past 1 year)
7. Review of Systems
  - a. Diabetes, Hypertension
  - b. Heart
  - c. Thyroid
  - d. Kidney
  - e. Liver
  - f. Neuro
8. Developmental History/ Social History
  - a. Planned or unplanned pregnancy
  - b. Delivery – Normal vaginal or C-section
  - c. Full-term or Pre-term
  - d. Apgar Scores
  - e. ICU admission as newborn
  - f. Ask if child was an easy or difficult baby
  - g. Psychomotor development
  - h. Vaccinations and any surgeries
  - i. Last Pediatrician visit (should be within past 1 year)
  - j. Ask patient – “How was your childhood in one sentence?”
  - k. Education Level
  - l. Religion
  - m. Occupation (include how long the patient has been there)
  - n. Relationships (sexual or not)
  - o. Mental Status Exam
9. Diagnosis-
  - Axis I(2-5 if time)
  - Axis II

- Axis III
- Axis IV
- Axis V
- Need Medical record consent and workup
- Consider SSRI, Psychotherapy, Family therapy educational therapy, nutritional therapy